

12 May 2025

Dear Family,

Family Forum- Self-Harm Awareness Workshop

We would like to invite you to attend our upcoming Family Forum event on **Tuesday 10 June, 6:00pm to 7:00pm**, and hosted by **Mindful Life Counselling**.

This session will focus on a very important and sensitive topic, self-harm, which as many of you will know, is an increasingly prominent issue in our wider society. The purpose of the event is to provide support and share expert advice with families, helping you better understand and manage these challenges as parents or carers.

We previously held a similar Family Forum in 2022, and the feedback was overwhelmingly positive. Many families found it informative, reassuring, and a valuable source of guidance. In response to that feedback, we are pleased to offer this follow-up opportunity.

The session will be held in our English Department. On arrival, please come to main reception, where a member of staff will be on hand to greet you and guide you to the appropriate area. If you have any questions or would like further information about the event, please don't hesitate to contact the academy directly. We are more than happy to assist in any way we can.

We hope you will be able to join us for this important and supportive evening.

Yours sincerely,

L Guest

Mr L Guest
Pastoral Director