

PERSONAL EDUCATION AND VALUES PLAN – FORM TIME AND L4L time for 2021-2022
 All resources for Relationship Sexual Education and Personal Education and Values are on the Staff Portal

		July	TERM ONE	TERM TWO	TERM THREE	TERM FOUR	TERM FIVE	TERM SIX
7	Form Time	N/A	Well-Being and Adapting to Change: Transition to Secondary School Settling in/Being New Controlling Anxiety Dealing with friendship struggles Happiness- where to source it. Kindness Resilience Empathy Coping with emotions <i>Cultural Capital Opportunity: 'Terrible Fate of Humpty Dumpty'</i>	Charity and Budgeting: Charities Nationwide Local Charities Children in Need Music and Charity Grenfell Tower Band Aid The role of a Chancellor Budgeting Personal Spending Comparing Super-Market prices Premium vs Shop Brands Martin Lewis Making the right Personal choices Christmas spending Black Friday Financial support Pocket Money	The World of Finance: Income and Expenditure Debit/Credit Cards Debt Law Enforcement Overdrafts and Current accounts Saving Money Loans and Financial Products Spending Upcycling vs Brand New Understanding different individuals expenditure Payslips/Overtime	Emotional Literacy: 1. Conflict management 2. Friendships 3. Peer Pressure 4. Families- same sex, single parent, and step- families. 5. Divorce 6. Respect and identity Romance and unhealthy teenage relationships	Looking after yourself: Puberty Changing Body Reproductive organs Am I normal? Hygiene Dental Hygiene Changing Emotions Feminine Protection Period Poverty Circumcision FGM- legalities Relationship Issues Social Media Safety Tik Tok Trends	

	Focus Days					Focus Day: Mental Well Being: Students will have opportunities to build and develop core skills of resilience and how to source happiness-particular studies linked to understanding our emotions, how to self-regulate and the importance of talking. Kooth representative will also be attending.		
	NB:		Cultural Capital Unit: Moments that shaped the world:	Cultural Capital Unit: Moments that shaped the world:	Cultural Capital Unit: People who shaped the world:	Cultural Capital Unit: People who shaped the world	Careers Unit:	Careers Unit:
8	Form Time	Three Week Period During July 2022 will consist of: Knife crime Open water swimming Road Safety Taking care in the sun Electrical Fires	Beliefs and Values 1. Goal Setting 2. Morality 3. Personal values 4. Tolerance 5. Media	Emotional Literacy 7. Conflict management 8. Friendships 9. Peer Pressure 10. Families- same sex, single parent, and step- families. 11. Divorce 12. Respect and identity 13. Romance and unhealthy	Relationships 1. Risk Taking 2. Drugs 3. Drugs – county lines 4. Body Image 5. Self Esteem 6. Social Media 7. Media and challenging ‘perfection’	Growing Up Changing body Challenging myths Am I normal? Personal Hygiene Coping with acne Societal norms, taboos, and expectations Pressures of being a teenager.	British Values and RE UK Democracy Polling Stations Tripartite System Government Departments Political parties Structures and hierarchy at Thorns Monarchy Religion in the UK Prejudice and Discrimination	United Nations: Sustained Development: What is the role of the United Nations? The 17 Goals UNICEF Poverty Zero Hunger Education Globally Clean water and sanitation Climate Change

				teenage relationships			Freedom of speech Worldwide leadership- Belarus, Eritrea Equality Act 2010	
	Focus Days				Focus Day: Mental Well Being: Students will have opportunities to build and develop core skills of resilience and how to source happiness- particular studies linked to understanding our emotions, how to self- regulate and the importance of talking. Kooth representative will also be attending.			
	NB:		Cultural Capital Unit: People who shaped the world		Cultural Capital Unit: Moments that shaped the world		Careers and Employability Skills:	

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		July	TERM ONE	TERM TWO	TERM THREE	TERM FOUR	TERM FIVE	TERM SIX
9	Form Time (2 sessions)	Three Week Period During July 2021 will consist of: Knife Crime Social Media Safety Wearing helmets Trampolining	Looking after each other consists of: Male body image Body dysmorphia Anorexia Bulimia Distortion of reality- social media/reality tv Coercion/Peer Pressure Relationship break-ups and stress Body image and invasive surgeries Alzheimer's, Diabetes and Crohn's disease awareness and signs	Sex and Relationships: Self-Care Quest for perfection Defining 'gender' Challenging prejudice- e.g. LGBTQIA+ Breaking gender boundaries and stereotypes Toxic relationships Consent Safer Sex Introduction to STI's and prevention	Cultural Capital Unit: Speeches and quotes that defined the world: This unit will feature a famous speech/quotation and a linked theme. Greta Thunberg Andy Warhol Gandhi Emmeline Pankhurst Abraham Lincoln #Metoo movement 'Faster, higher, stronger' 'Don't judge a man until you have walked a mile in his shoes' #Wearenotafrail	Looking after myself: Consent worldwide Sexual assault Relationships- understanding the differing types Contraception Decision making Celibacy/Abstinence Pregnancy/Abortion Challenging Prejudice- LGBTQIA+ celebration and the Equality act 2010 FGM awareness	Looking after myself: Consent worldwide Sexual assault Relationships- understanding the differing types Contraception Decision making Celibacy/Abstinence Pregnancy/Abortion Challenging Prejudice- LGBTQIA+ celebration and the Equality act 2010 FGM awareness	Political Literacy/Parliament and Democracy Anarchy The role of the Monarch in the UK Nations worldwide: Belarus, North Korea, Australia, USA, Brunei, and Venezuela, Disengagement in voting and role of social media to engage Right to protest Controversial issues including Homelessness, Immigration, and Brexit.
	Focus Days	Focus Day: Mental Well Being: Students will have opportunities to build and develop core skills of resilience and how to source happiness- particular studies linked to understanding our emotions, how to self- regulate and the importance of talking. Kooth						

		representative will also be attending.		
NB	Students did not complete the Year 8 Sex and Relationships unit; an abridged version will be incorporated alongside their looking after myself unit. Students will be completing their Careers Unit after 'Virtual Assemblies' across the year - this will lead to discussion of picking options and having opportunities to look at Head of Department videos and overviews of the course before official taster sessions.			

PERSONAL EDUCATION AND VALUES PLAN – FORM TIME AND Allotted Timetable time for 2021-2022/ All resources for Relationship Sexual Education and Personal Education and Values are on Teams for PSHE and Staff Portal

		July	TERM ONE	TERM TWO	TERM THREE	TERM FOUR	TERM FIVE	TERM SIX
10	Form Time (3 Sessions)	Three Week Period During July 2022 will consist of: Knife crime Open water swimming Sun protection Sexting Fire safety	Finance, Alcohol, Drugs and Addiction: Financial decisions and what influences us Debt Pay day loans and impact on mental health Ethical spending Mortgages Drugs- types, impacts and laws Drug Map Britain-localised discussion Impact of alcohol on the body Binge drinking Drinking with limitations Addiction	Cultural Capital Unit: Concepts and Ideas that shaped the world Theory of Evolution American Dream Minimalism Pandora's Box Mindfulness Seven Deadly Sins Seven Cardinal Virtues Serendipity Nihilism Anarchism Propaganda Cults	Sex and Well-Being Sexualisation in the media and sport Challenging the myths Societal norms/taboo-respecting culture and religion STI's Condoms Contraception-Catholicism RE link Hygiene Cancer awareness Consent- Checking and applying previous knowledge	Sex and Well-Being Sexualisation in the media and sport Challenging the myths Societal norms/taboo-respecting culture and religion STI's Condoms Contraception-Catholicism RE link Hygiene Cancer awareness Consent- Checking and applying previous knowledge	Politics, Parliament and Me: Disengagement in voting Key moments that helped define voting in the modern world British Democracy Democracy or lack of worldwide Political Parties and manifestos How is British Parliament run? British Law Making	United Nations: Sustained Development: What is the role of the United Nations? The 17 Goals UNICEF Poverty Zero Hunger Education Globally Clean water and sanitation Climate Change
	Focus Days	Focus Day: Mental Well Being: Students will have opportunities to build and develop core skills of resilience						

		and how to source happiness- particular studies linked to understanding our emotions, how to self- regulate and the importance of talking. Kooth representative will also be attending.				
NB	Covered during lockdown during form sessions in 2021	Current Year 10 and 11- During the period of lockdown- Students completed units on discrimination, prejudice, and racism- with a focus on George Floyd and opportunities for ethnic minorities in society. Students also completed lessons on well-being and how Reality TV has a duty of care for those that are involved- link to Caroline Flack and Mike Thalassitis				
		Careers units will be running throughout the course of the year- firstly beginning with challenging stereotypes of career choices and labour market information Organised representatives from the Trust to give students an opportunity to learn and master skills for ‘debate’- this will link into				
II	Form Time	Three Week Period During July 2022 will consist of: Knife crime Alcohol and Drugs CSE Sexting	Coping in the real world Maintaining Positive relationships Marriage/Divorce Honour Based Marriage Domestic Violence Coercion Sexual harassment Stealth/Upstirking CSE Pornography Revenge Porn Pregnancy Abortion Adoption Fertility	Coping in the real world Maintaining Positive relationships Marriage/Divorce Honour Based Marriage Domestic Violence Coercion Sexual harassment Stealth/Upstirking CSE Pornography Revenge Porn Pregnancy Abortion Adoption Fertility	Cultural Capital Unit: Speeches and quotes that defined the world: This unit will feature a famous speech/quotation and a linked theme. Greta Thunberg Andy Warhol Gandhi Emmeline Pankhurst Abraham Lincoln #Metoo movement ‘Faster, higher, stronger’ ‘Don’t judge a man until you have walked a mile in his shoes’ #Wearenotafraild	Identity and British Values: Self-Identity and awareness Local Identity- Black Country Britishness National Identity Challenging prejudice and racism Discriminating Breaking down labels Mutual Respect Careers and Preparation for Working Life

					Non- Fiction Link to preparation for English Language examination		
	Focus Days/Allotted Timetable session	Focus Day: Mental Well Being: Students will have opportunities to build and develop core skills of resilience and how to source happiness- particular studies linked to understanding our emotions, how to self-regulate and the importance of talking. Kooth representative will also be attending.					
	NB:	Students will complete careers activities weekly after virtual assemblies: all students to have 1:1 opportunity for support applying for colleges/apprenticeships					

Being arranged for 2021-2022.

Knife Crime performance for Year 7 and 8 (Decision making)- October 2021

Year 10 Testicular cancer awareness- Virtual/In house.

First Aid Training- EPN and NST

Brook Sexual Health

JSI- Keeping safe online February